Summit Daily Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00	Breakfast/ Hygiene/Chores	Breakfast/ Hygiene/Chores	Breakfast/ Hygiene/Chores	Breakfast/ Hygiene/Chores	Breakfast/ Hygiene/Chores		
7:30							
8:00						Breakfast Hygiene/Chores	Breakfast Hygiene/Chores
8:30	DBT Goals Group	DBT Goals Group	DBT Goals Group	DBT Goals Group	DBT Goals Group		
9:00	Process Group	Process Group	School	School	Process Group		
9:30						DBT Goals Group	DBT Goals Group
10:00						Rec Therapy Group	Deep Clean Bedrooms/
10:30	School	School	School	School	School		and Common Areas
11:00							DBT Skills Group
11:30	School	School	School	CD Group	School	Free time	
12:00				School		Lunch/Chores	Lunch/Chores
12:30			Lunch/ Study Hall				
13:00	Lunch/ Study Hall	Lunch/ Study Hall		Lunch/ Study Hall	Lunch/ Study Hall	Outside Interactive Games Phone Calls	Outside Time
13:30			School				
14:00	School	School		School	School		
14:30							Free Time
15:00	School	School	School	School	School		Music Therapy 2:45-4:15
15:30							
16:00	School	School		School	School		
16:30			School			Study Hall	Study Hall
17:00	Dinner/ Therapeutic Homework	Dinner/ Therapeutic Homework	Dinner/ Therapeutic Homework	Dinner/ Therapeutic Homework	Rec Therapy	Dinner/ Chores	Dinner
17:30							
18:00	Chores	Chores	Chores	Chores		Yoga/Levl 5 Activity	Chores
18:30	Gym Time/ Outside Time	Deep Clean Kitchen and Classroom/ Phone Calls/Lvl 4	Level 3/Life Skills/Phone Calls	Level 2 & 5 Activity/Phone Calls	Dinner/Chores		Sunday Movie/Phone Calls
19:00						Music Time/ Life Skills/Phone Calls	
19:30							
20:20	Goals Group/Meds	Goals Group/Meds	Goals Group/Meds	Goals Group/Meds	Goals Group/Meds	Goals Group/Meds	Goals Group/Meds
20:40	Snack/Hygiene	Snack/Hygiene	Snack/Hygiene	Snack/Hygiene	Snack/Hygiene	Snack/Hygiene	Snack/Hygiene
9:00							
9:30	OnBeds-Quiet Time	OnBeds-Quiet Time	OnBeds-Quiet Time	OnBeds-Quiet Time	OnBeds-Quiet Time	OnBeds-Quiet Time	OnBeds-Quiet Time
9:45	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out