Horizon Daily Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:00							
7:30	Breakfast/	Breakfast/	Breakfast/	Breakfast/	Breakfast/		
8:00	Hygiene/Chores	Hygiene/Chores	Hygiene/Chores	Hygiene/Chores	Hygiene/Chores	Breakfast	Breakfast
8:30	DBT Goals Group	Hygiene/Chores	Hygiene/Chores				
9:00						riygierie/ chores	riygierie/chores
9:30	Process Group	Process Group	School	School	Process Group	DBT Goals Group	DBT Goals Group
10:00							
10:30	School	School	School	School	School	Deep Clean	Music Therapy
11:00						Common Areas	10:00-11:30
11:30	School	School	School	CD Group	School		
12:00				School		Study Hall	St. Hall/Journaling
12:30						Lunch/	Lunch/
1:00	Lunch/ Study hall	Chores	Chores				
1:30						Outside Time/	Library Time
2:00	School	School	School	School	School	Fitness	
2:30							
3:00	School	School	School	School	School		DBT Skills Group
3:30						Rec Therapy	
4:00		School	School	School	School	Group	Fitness/
4:30	School						Outside Time
5:00		Dinner/	Rec Therapy	Dinner/	Dinner/	Dinner/	Dinner/
5:30	Dinner/	Therapeutic Homework		Therapeutic Homework	Therapeutic Homework	Chores	Chores
6:00	Therapeutic Homework	Chores		Chores	Chores	L 5 activity/	
6:30	Level 2	Level 4 Activity/	Dinner/	Gym Time	Level 3 Activity	Phone Calls	AA/Sunday
7:00	Life skills	In house Activity	Therapeutic Homework	Outside		Therapeutic Yoga	Movie/phone calls
7:30	Phone calls	Phone calls	Chores	Life Skills	Phone Calls	Therapeatic roga	all levels
8:00	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene	Hygiene
8:30	Snack/ Meds	Snack/ Meds	Snack/ Meds				
9:00	DBT Goals Group	DBT Goals Group	DBT Goals Group				
9:30	On beds/ Q- Time	On beds/ Q- Time	On beds/ Q- Time				
9:45	Lights Out	Lights Out	Lights Out				