

SEP 2026

BRIGHTON HOUSE

SUN

MON

TUE

WED

THU

FRI

SAT

01

Rec Activity

02

03

04

Rec Therapy
5:30-7 pm

05

Rec Therapy
11-12:30 pm

06

DBT

07

Rec Activity

08

09

10

Rec Therapy
5:30-7 pm

11

12

Rec Therapy
11-12:30 pm

13

DBT

14

Rec Activity

15

16

17

Rec Therapy
5:30-7 pm

18

19

Rec Therapy
11-12:30 pm

20

DBT

21

Rec Activity

22

23

24

Rec Therapy
5:30-7 pm

25

26

Rec Therapy
11-12:30 pm

27

DBT

28

Rec Activity

29

30