

# FEB 2025 ALPINE HOUSE

SUN

MON

TUE

WED

THU

FRI

SAT

**01**

Rec TX 1-2:30  
In house movie

**02**

In house movie, DBT and yoga

**03**

**04**

Waffle Love  
L4^

**05**

Parent Days

**06**

Parent Days

**07**

Parent Days

**08**

Parent Days

**09**

In house movie, DBT and yoga

**10**

Valentine's Day craft  
L2^

**11**

Cold Stone  
L4^

**12**

Rec Therapy 4-5:30 pm  
Wallyball  
L3^  
L5-TBA

**13**

Gym Time 6:30-8pm

**14**

Rec TX 1-2:30  
In house movie

**15**

**16**

In house movie, DBT and yoga

**17**

Cookies  
L2^

**18**

Out to eat  
L4^

**19**

Rec Therapy 4-5:30 pm  
McDonald's  
L3^  
L5-TBA

**20**

Gym Time 6:30-8pm

**21**

Rec TX 1-2:30  
In house movie

**22**

**23**

In house movie, DBT and yoga

**24**

In house movie & popcorn  
L2^

**25**

Movie & popcorn  
L4^

**26**

Rec Therapy 4-5:30 pm  
Bowling  
L3^  
L5-TBA

**27**

Gym Time 6:30-8pm

**28**