

FEB 2026

BRIGHTON HOUSE

SUN MON TUE WED THU FRI SAT

01 DBT & Yoga
02 Rec Activity
03 Rec Activity
04 House activity
05 House activity
06 Rec Therapy 5:30-7 pm
07 Rec Therapy 11-12:30 pm

08 DBT & Yoga
09 Rec Activity
10 Rec Activity
11 House activity
12 House activity
13 Rec Therapy 5:30-7 pm
14 Rec Therapy 11-12:30 pm

15 DBT & Yoga
16 Rec Activity
17 Rec Activity
18 House activity
19 House activity
20 Rec Therapy 5:30-7 pm
21 Rec Therapy 11-12:30 pm

22 DBT & Yoga
23 Rec Activity
24 Rec Activity
25 House activity
26 House activity
27 Rec Therapy 5:30-7 pm
28 Rec Therapy 11-12:30 pm