

SEP 2026

ALPINE HOUSE

SUN

MON

TUE

WED

THU

FRI

SAT

01

Rec Activity

02

House activity

03

Rec Therapy
4-5:30 pm

04

Rec Therapy
1-2:30 pm

05

06

DBT

07

Rec Activity

08

09

House activity

10

Rec Therapy
4-5:30 pm

11

Rec Therapy
1-2:30 pm

12

13

DBT

14

Rec Activity

15

16

House activity

17

Rec Therapy
4-5:30 pm

18

Rec Therapy
1-2:30 pm

19

20

DBT

21

Clinical Day
Rec Activity

22

23

House activity

24

NO
Rec Therapy

25

Rec Therapy
1-2:30 pm

26

27

DBT

28

Rec Activity

29

30