Nov2023summit house

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| --- | --- | --- | --- | --- | --- | --- |
| Sun | mon | tue | wed | thu | fri | sat |
|  |  |  | 01 | 02 | 03 | 04 |
|  |  |  | McDonald’s  L3 $4 | Clinical day???  L5 TBA  Gym time  6:30-8 | No group | Rec tx 9-10:30 |
| 05 | 06 | 07 | 08 | 09 | 10 | 11 |
| In house movie, DBT, Yoga | Stipple art  L2 | Out to eat  L4 | Parent days | Parent days | Parent days | Parent days |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| In house movie, DBT, Yoga | L2 gratitude tree’s | Nickel mania  L4 | Tracy Aviary  9:00am  All Level 3 | Gym time  6:30-8  L5 TBA | Rec therapy  4-5:30 | Rec tx 9-10:30 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| In house movie, DBT, Yoga | Movie and scones L2 | Leatherby’s  L4 | Drive up the canyon and swig L3 | Thanksgiving  Day | No rec | Rec tx 9-10:30 |
| 26 | 27 | 28 | 29 | 30 |  |  |
| In house movie, DBT, Yoga | S’mores  L2 | Movies  L4 | Swimming  L3 | Gym time  6:30-8  L5 TBA |  |  |
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